



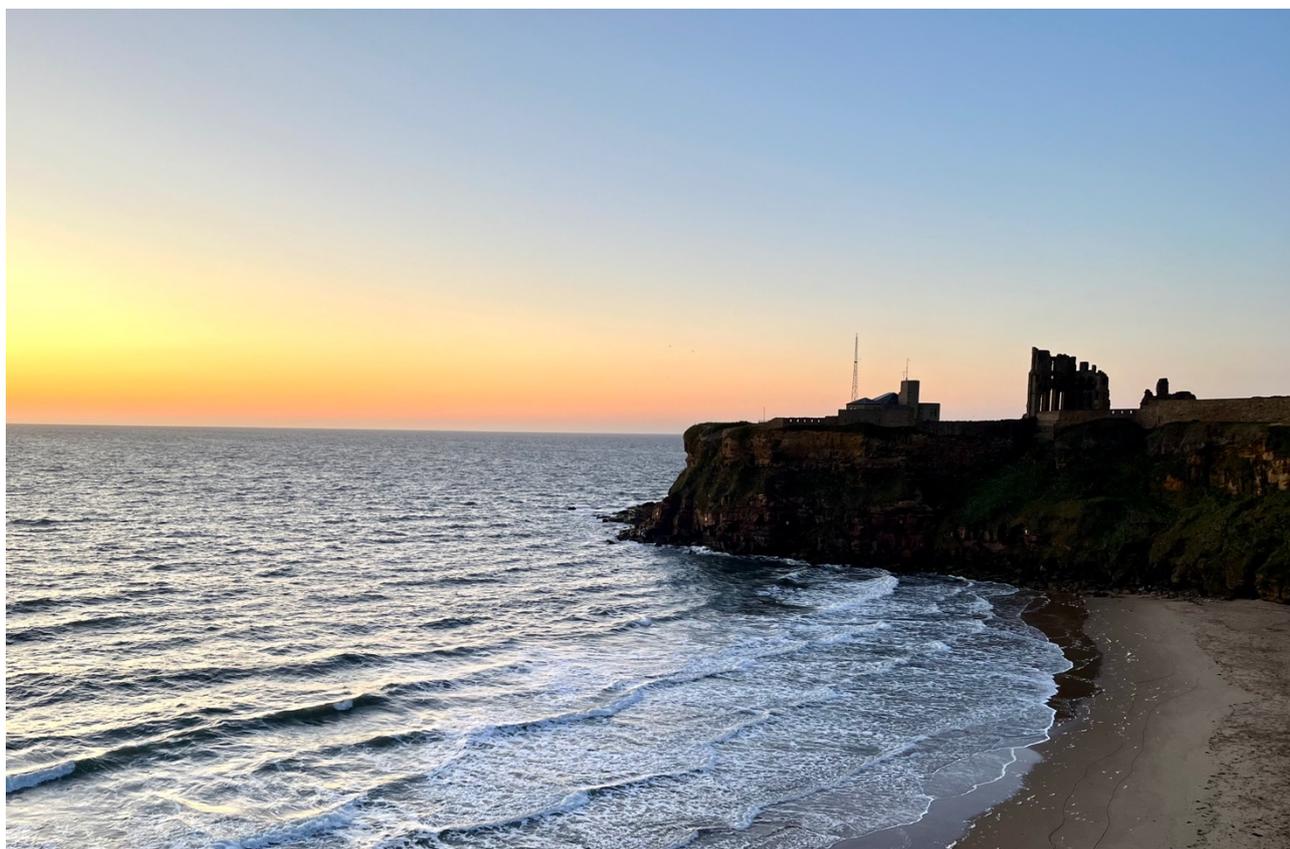
# Tynemouth Amateur Swimming Club

## Junior Invitational Meet 2024

Sunday 28<sup>th</sup> January 2024

@ Tynemouth Pool

(Held under Swim England laws and technical rules: License Level 4)



Information available online at [www.tynemouthasc.co.uk](http://www.tynemouthasc.co.uk)  
Email: [tasccompsec@outlook.com](mailto:tasccompsec@outlook.com)



## Junior Invitational Meet 28<sup>th</sup> January 2024

### Programme of events

\*For swimmers aged 8-12 years on the day

Session 1- Morning			
Warm-up: 8:00		Start: 9:00	
Event	Gender	Distance	Stroke
101	Open/Male	100	Free
102	Female	100	Back
103	Open/Male	50	Breast
104	Female	50	Fly
105	Open/Male	100	Fly
106	Female	100	Breast
107	Open/Male	50	Back
108	Female	50	Free
109	Open/Male	100	IM

Session 2- Afternoon			
Warm-up: TBC		Start: TBC	
Event	Gender	Distance	Stroke
201	Female	100	Free
202	Open/Male	100	Back
203	Female	50	Breast
204	Open/Male	50	Fly
205	Female	100	Fly
206	Open/Male	100	Breast
207	Female	50	Back
208	Open/Male	50	Free
209	Female	100	IM



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### Upper Time Limits

Swimmers must not have ranked faster times

Female				Event	Open/Male			
8/9 Yrs	10 Yrs	11 Yrs	12 Yrs		8/9 Yrs	10 Yrs	11 Yrs	12 Yrs
Open	00:32:00	00:30:50	00:30:00	<b>50 Free</b>	Open	00:32:00	00:31:00	00:30:00
Open	01:12:20	01:09:50	01:05:20	<b>100 Free</b>	Open	01:12:50	01:08:50	01:05:20
Open	00:36:50	00:35:00	00:34:00	<b>50 Back</b>	Open	00:37:00	00:35:00	00:34:00
Open	01:21:70	01:18:20	01:16:30	<b>100 Back</b>	Open	01:21:00	01:16:20	01:13:00
Open	00:42:00	00:39:50	00:38:50	<b>50 Breast</b>	Open	00:43:50	00:40:50	00:40:00
Open	01:36:80	01:34:30	01:28:00	<b>100 Breast</b>	Open	01:34:80	01:30:30	01:25:80
Open	00:36:00	00:33:00	00:32:00	<b>50 Fly</b>	Open	00:37:00	00:35:00	00:33:50
Open	01:25:00	01:21:00	01:17:00	<b>100 Fly</b>	Open	01:25:00	01:21:00	01:18:00
Open	01:21:00	01:19:00	01:16:00	<b>100 IM</b>	Open	01:21:00	01:19:00	01:16:00



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### Meet Conditions

1. The meet will be held under ASA Laws and Technical Rules. This is a level 4 licensed meet – licence number – **4NE240016**.
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. Venue address: Tynemouth Pool, Preston Road North, North Shields, NE29 9PX.
3. The starting gun will provide an internal starting strobe, but no external starting strobe facility will be provided.
4. Swiss Electronic Timing will be in operation with scoreboard display. Times and places shown on the scoreboard are for information only and are not necessarily the official result.
5. The age groups will be 8, 9, 10, 11, 12. **Age at 28<sup>th</sup> January 2024**
6. All events will be Heat Declared Winner (HDW).
7. Awards will be made to the first six 8 and 9 years old open/male and female, and the first three in 10-12 years old age categories. These awards will be available for collection after the winners are announced for each event.
8. Copies of the results will be available over the duration of the gala along with live results.
9. Swimmers must not have swum faster than the **upper qualifying times**. Entry times should be valid short course times, converted times will be accepted. Heats will be seeded slowest to fastest based on submitted entry times. All entries to swim must have an entry time for seeding purposes or they will be rejected. Coaches realistic times are acceptable.
10. The female category is for birth sex females in accordance with Swim England's transgender and non-binary competition policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female. Swimmers may only compete in one gender category for the duration of the meet.
11. Closing date: **17<sup>th</sup> December 2023**. Entries may be restricted to comply with session limits. Tynemouth ASC reserves the right to fill any empty places with its own eligible swimmers.
12. Entries Fees are as follows:
  - Per event £6.50 per event
  - Coaches passes £10.00 to include poolside refreshments & lunch
13. **Entries are to be submitted using the Sport Systems entry file** which is available from the Competition Secretary via email: [tascmpsec@outlook.com](mailto:tascmpsec@outlook.com). The entry file should be submitted together with a completed **Summary of Entries sheet**.
14. BACS payment should be made at the time of submitting the entry file to **Barclays bank, sort code: 20-62-09, account no: 63311791** – please use as a reference your **club code + JAN2024**
15. If a swimmer is not swimming an event, we request that the recorders are informed no later than 45 minutes prior to the session start time. Complying with this request will keep the number of empty lanes to a minimum which will be much appreciated. No refunds will be given for a withdrawals after the closing date other than for withdrawals on medical grounds supported by documentary evidence, e.g. doctor's note.
16. Coaches/Team Managers are responsible for ensuring that competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
17. Tynemouth ASC will not be responsible for any unaccompanied swimmers on the poolside. The responsibility falls with the club entering the swimmer, who should appoint a responsible individual to be on poolside.
18. Tynemouth ASC cannot be held responsible for loss or damage to spectators' or swimmers' property.

19. Access to poolside will be restricted to swimmers, coaches, officials and authorised helpers in line with the SE Child Protection Policy.
20. The Lead Referee for this event will be: **Christine Golightly**. The referee's decision is final.
21. **Spectator admission will be £5.00 per session or £8.00 for the full day**. Spectator spaces are restricted to 250 and entry to the gallery is on a 1<sup>st</sup> arrival basis.
22. The use of any photographic equipment (still, video or digital, including mobile phones with camera function) by members of the public will not be allowed anywhere on the premises.
23. By entering this gala, it is assumed a swimmer accepts these terms & conditions.
24. Any points not covered above will be at the discretion of the meet organisers.



**Junior Invitational Meet**  
28<sup>th</sup> January 2024

**Summary of Entries form**

Club \_\_\_\_\_

Contact Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Telephone no. \_\_\_\_\_

E-mail address \_\_\_\_\_

Female entries \_\_\_\_\_ @ £6.50 £ \_\_\_\_\_

Open/Male entries \_\_\_\_\_ @ £6.50 £ \_\_\_\_\_

Coaches passes \_\_\_\_\_ @ £10.00 £ \_\_\_\_\_

**Total entry fee enclosed** £ \_\_\_\_\_

Please email this sheet along with your entry file to: [tascompsec@outlook.com](mailto:tascompsec@outlook.com)

**Bank Details:** Barclays bank, sort code: 20-62-09, account no: 63311791, ref: your club code + JAN2024