



Northumberland & Durham Swimming Association 2024 Teams Day (under Swim England Laws & Technical Rules)

MEET INFORMATION

EVENT VENUE DETAILS:

Dates: Sunday 3rd March 2024
Venue: Sunderland Aquatic Centre
Pool: 10 lane x 25 metre (full electronic timing)
 2 x separate warm-up and swim-down facilities (25 metre)

Meet Promoters: Northumberland & Durham Swimming Association

Session Times:

Sunday 26th March	Session 1	Warm Up: 08:00	Start: 09:00
	Session 2	Warm Up: 13:00	Start: 14:00

NB. Session times will be finalised once all entries have been received and processed.
 Any new session times will be notified with confirmation of entries.

PROGRAMME OF EVENTS:

	Session 1 Sunday 3 March 2024 @ 09:00			Session 2 Sunday 3 March 2024 @ 14:00 (TBC)	
101	Open 11/12/13/14yrs	4x50m Freestyle*	201	Female 11/12/13/14yrs	4x50m Freestyle*
102	Female Open	4x100m Medley	202	Open	4x100m Medley
103	Open	4x100m Freestyle	203	Female Open	4x100m Freestyle
104	Female 9/10yrs	4x50m Medley	204	Open 9/10yrs	4x50m Medley
105	Open 9/10yrs	4x50m Freestyle	205	Female 9/10yrs	4x50m Freestyle
106	Female Junior (16 yrs/under)	4x50m Medley	206	Open Junior (16 yrs/under)	4x50m Medley
107	Open Junior (16 yrs/under)	4x50m Freestyle	207	Female Junior (16 yrs/under)	4x50m Freestyle
108	Female 11/12yrs	4x50m Medley	208	Open 11/12yrs	4x50m Medley
109	Open 11/12yrs	4x50m Freestyle	209	Female 11/12yrs	4x50m Freestyle
110	Female 13/14yrs	4x50m Medley	210	Open 13/14yrs	4x50m Medley
111	Open 13/14yrs	4x50m Freestyle	211	Female 13/14yrs	4x50m Freestyle
112	Mixed 9/10/11/12yrs	4x50m Medley **	212	Mixed 9/10/11/12yrs	4x50m Freestyle**
113	Mixed Open	4x50m Freestyle***	213	Mixed Open	4x50m Medley***
	Break 15 mins			Break 15 mins	
	FINALS OF ABOVE EVENTS			FINALS OF ABOVE EVENTS	

*Events 101 & 201 - teams must swim in age order with one swimmer of each age.

**Events 112 & 212 - teams must comprise at least 2 x Female swimmers with one swimmer of each age but can swim in any order.

***Events 113 & 213 – teams must comprise at least 2 x Female swimmers and can swim in any order.

ELIGIBILITY TO COMPETE

- All competitors must be bona fide members of Clubs affiliated to NDSA and hold a valid Swim England Swimmer Registration. Swimmers may only represent a Club with which they are formally registered with Swim England.
- A swimmer may only represent one Club throughout the event. This need not be the same Club that the swimmer represented at the 2024 NDSA Championships.
- All swimmers must swim as their age as at 31 December 2024.
- The Female category (including in the Mixed events) is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

ENTRY TIMES

- There are no qualifying times for this event, however all entries **must** include an entry time for seeding purposes. Any entries without an entry time will be rejected.
- The Promoters reserve the right to reject entries in order to manage session lengths.

ENTRIES

- The closing date for entries is **Noon, 12 February 2024**. Late entries will not be accepted.
- The team entry fee is £12.50 for each team per event.
- Clubs may enter up to a maximum of three teams for each event, and these should be named in alphabetical order (A, B and C). The Entry Spreadsheet is set up with separate tabs for each team.
- Payment should be made by direct bank transfer into the NDSA Account. No entries will be accepted without the correct fee, or with the Entry Spreadsheet incorrectly completed. No refunds will be given.

Making Entries

Entries will be by Excel Spreadsheet, which is obtainable from the Championships Manager (see below). The Entry Spreadsheet must be e-mailed to ndswimmingentry@hotmail.co.uk.

POOLSIDE PASSES

- Poolside passes are available to purchase at a cost of £15.00 each.
- Passes from the 2024 NDSA Championships will be valid for this event.
- Passes can only be purchased through competing Clubs and to obtain a Poolside Pass the member must have either a Coaching Qualification or completed a Team Manager Course, have obtained a Safeguarding Certificate and been subject to a DBS check. These must be showing on their Swim England Membership record.
- A pass is required for any adult wishing to be poolside or in swimmer only areas. Within the venue, all coaches and team managers must wear the appropriate accreditation pass and have it visible at all times. As part of Swim England, and the NDSA's commitment to safeguarding and welfare, from 1 January 2024 all Club staff whose DBS and/or Safeguarding expire will not be allowed poolside unsupervised.

TEAM LINES

All Clubs must submit team lines for all teams entered by no later than 28 February 2024 – the standard electronic form must be used for this purpose, and any late changes to the declared teams must be provided to the Championships Manager or Recorders prior to the start of the relevant session.

Clubs are permitted to amend team lines between heats and finals so long as such amendments are formally declared to the Recorders before the start of the finals session. Swimmers who compete for one team in the heats **may not** be brought into a different team for the final.

FINALS

In Open events (Events 102, 103, 113, 202, 203 and 213) – the fastest 10 teams from the Heats will qualify for the Final regardless of Club.

In all other events, only one team from each Club will be eligible to qualify for the Final.

WITHDRAWALS

Heats

Any withdrawals or amendments prior to the event should be notified to the Championships Manager by e-mail providing full details (Team Name, Event and Event Number) by no later than 4pm on Friday 1 March 2024.

Finals

Any team wishing to withdraw from a Final must inform the Recorders, in writing, within 15 minutes of the announcement of the finalists.

AWARDS & PRESENTATIONS

- Medals shall be awarded to the top 3 teams in each Final.
- Medal presentations will take place during the Finals (time permitting). Swimmers must wear appropriate clothing for the presentations. It is responsibility of the Clubs to ensure the medallists, or a deputy be available for presentation. Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

OFFICIALS

This event cannot run without a full team of licensed officials. Clubs must provide at least one licensed official for each session of the event during which they have a team completing. The Promotors reserve the right to reject entries from Clubs who do not comply with this minimum official requirement.

The Lead Referee for the 2024 Teams Day is Mrs Christine Johnston who can be contacted on ndofficials@gmail.com

GENERAL INFORMATION/EVENT REGULATIONS

- The organisation of this Event shall be in the hands of the NDSA Management Board with powers delegated to the Championships Manager. The Event shall be held under the relevant FINA/Swim England Technical and Judicial Rules/Laws.
- It is the responsibility of Clubs, via their coaches and team managers, to ensure that their swimmers are aware of the details of these conditions and regulations.
- The Promoters will not be responsible for any unaccompanied swimmers on poolside. Clubs are responsible for ensuring appropriate supervision is arranged for their own swimmers.
- A draft entry list and/or programme will be distributed to competing Clubs prior to the Event.
- The maximum number of lanes available will be used for both heats and finals.
- A secondary strobe will be available during the Event.
- The changing facility at the venue is a mixed changing village and may at times be open to the general public.
- Warm up and swim down facilities will be available at the Event and will be supervised by venue staff. Swimmers using such facilities must adhere to any instructions issued by such supervisors. Clubs, via their coaches/team managers will be held responsible for the behaviour and actions of their swimmers using the facilities.
- Submitted entry times will be used for seeding and rejection purposes where necessary. The Championships Manager has the authority to adjust the number of entries accepted to ensure the smooth running of the Event.
- No person may, for commercial purposes, take photographs or use any video recording equipment at the event without the express written permission of the Promoters. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Swim England guidelines and the rules and standard operating procedures of the venue.
- Any person wishing to use photographic equipment (including still, video, digital and mobile phone cameras) at this event will be required to comply with the applicable Swim England's Wavepower guidelines.
- No flash photograph is permitted at any time within the competition pool hall.
- In order to control digital photographs, mobile phones may not be used in the changing village.
- For health & safety reasons, no chairs are permitted to be brought into the spectator area.
- Notification of the time when the spectator area will open each day will be published prior to the Event.
- The NDSA Board has the power to vary the Event conditions, which remain subject to Government guidance in relation to Covid-19 at the time of the Event and as such may be subject to change at short notice.
- Any queries should be directed to the Championships Manager:
ndswimmingentry@hotmail.co.uk

Supported by: NESS Swimwear & Smart Office Systems

